



Best Practice: 1

Title: Awareness Programme on COVID-19

Objectives:

- To make aware about the pandemic among the students and the villagers so that they could be able to save themselves and the community from being affected.
- To dissemination of crucial information and aware people not to believe in any kind of rumours.
- To provide proper healthcare information and minimize social and economic loss.

On 12th March, 2020 Sankardeva Mahavidyalaya organizes an awareness programme on COVID-19 in the college conference hall, though not a single positive case was registered in Assam at that time. Two resource persons namely Dr. Nabajit Borah, MBBS, Medical & Health Officer, Bholabari PHC and Dr. Atul Chandra Khound, MBBS, Mahatma Gandhi Model Hospital, Narayanpur join the programme. Both the resource persons discuss thoroughly about the symptoms of COVID-19, how it transmits, its affect on human body and the necessary steps to be taken by the people to protect themselves from the virus, such as frequent hand wash, use of sanitizer, wearing mask, social distancing, eating healthy food etc. about **140** students and **15** faculty members join the programme. Again on 19th March, 2020 the college organizes an awareness rally on COVID-19 through the nearby villages like Tarajuli, Kerekjuli, Modhupur, Bholabari, Bhogpur and Pathalipahar. Only faculty members are allowed to join the rally. The team prepared some leaflets where the symptoms of the disease were pointed clearly. Also the faculty members announced what people should do and what not to do to save themselves and the society from the virus. Also the rally stops at the center places and announced every single details and fact about COVID-19.

Best Practice: 2

Title: Sanitation and Hygienic Practices

Objectives:

- To understand about Sanitation and Hygienic Practices among the villagers.
- To find out the mentality of the villagers and their belief on Science and Local Bez.
- To study Garbage dumping system for the villagers and need of health Sub-Centre in the village.

Sanitation and Hygienic Practices are the crucial part of Human Life. Maintaining personal hygiene and sanitation is important for several reasons such as personal, social, psychological,

health, etc. Proper hygiene and sanitation prevent the spread of diseases and infections. If every individual on the planet maintains good hygiene for himself and the things around him, diseases will eradicate to a great level.

Looking its importance, the Eco-Political Forum of Sankardeva Mahavidyalaya conducted a survey on “Sanitation and Hygienic Practices” in Dharmapur (Sonajuli) village on March 6, 2020. In this survey near about 56 students and 8 teachers actively joined. This survey tried to find out the mentality of the villagers and their belief on science and local Bez. Apart from that so many issues were tried to find out through this survey such as belief in superstition, availability of Health Guide for the villagers, Access of 108, regular vaccine for their children, Asha facility, and regular medical check-up etc. It also studied Garbage dumping system for the villagers, need of health Sub-Centre for medical check-up in the village; mosquitos prevent method and so on and so forth.



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